



# I AM

S T U D Y   G U I D E

# WELCOME

**Welcome to the *I AM* study!**

**We're excited that you've chosen to join the *I AM* movement on an adventure to discover your God-given identity, purpose, and mission.**

**Throughout this guide, you'll find reflective questions, room to journal, memory verses, declarations, and a reading plan that will help you reinforce the truths you'll learn. Also, we encourage you to invite a friend or two to join you along your journey.**

**Let's get started!**

**S&D**

## LESSON 1

# I AM HOLY

**HOLINESS IS A DIVINE CALLING, NOT A HUMAN ACCOMPLISHMENT.**

### Reflect

1. Holy. It's one of the most precious words the Bible uses to describe both God and us. After listening to this lesson, how has your understanding of what it means to be holy expanded?

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2. How has a low view of God distorted the way you view yourself? Why is it important to behold God and to stand in awe of His majesty, wonder, and presence?

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3. How does viewing holiness as a calling empower you to become holy?

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## Journal

*This space is designed for you to record what God is speaking to you from each lesson. Try not to rush through this section, but give yourself time to carefully journal your thoughts, feelings, and insights.*

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## Declare

*We've included a declaration that corresponds with each lesson so that you can become firm and resolute in your identity in Christ.*

Begin with the declaration:

**I AM HOLY, SO I STAND OUT FROM THE CROWD.**

## Memorize

As obedient children, do not be conformed to the passions of your former ignorance, but as he who called you is holy, you also be holy in all your conduct, since it is written, "You shall be holy, for I am holy." [1 Peter 1:14–16](#)

## Listen

*After each lesson, we have short videos to assist you in meditating on what you've heard. These short reflections are great to listen to while getting ready in the morning, running errands, or even while you're about to go to bed.*

Begin with listening to the I AM HOLY reflection.

## Read

We've created an I AM reading plan so that you can complete the book while going through the study.

For week one, begin with reading chapters 1–3.

## LESSON 2

# I AM RIGHTEOUS



**GOD'S GIFT OF RIGHTEOUSNESS IS TRULY A GIFT, WITH NO STRINGS OR CONDITIONS ATTACHED.**

### Reflect

1. When you hear the words “free gift,” do you respond to them skeptically?  
If so, why?

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2. Although righteousness is a free gift, have you attempted to either deserve it or preserve it by your own efforts? If so, why?

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### **Declare**

**I AM RIGHTEOUS, SO I STAND FOR JUSTICE.**

### **Memorize**

For if, because of one man's trespass, death reigned through that one man, much more will those who receive the abundance of grace and the free gift of righteousness reign in life through the one man Jesus Christ. [Romans 5:17](#)

### **Listen**

Listen to the I AM RIGHTEOUS reflection.

### **Read**

Read chapter 4 from the *I AM* book.



## LESSON 3

# I AM LOVED



**GOD'S LOVE WRAPS US IN HIS ARMS, DESPITE THE MESSSES WE MAKE,  
AND CARRIES US INTO THE FUTURE HE HAS PREPARED FOR US.**

### Reflect

1. How has your understanding of God's love been tainted by your experiences with love here on earth? Has your love toward others been conditional on their actions toward you?

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2. Read 1 Corinthians 13:4–7 and write down all the attributes listed about love. If God is love, how does this understanding of love change the way you view God's love toward you?

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### **Declare**

**I AM LOVED, SO I LOVE WITHOUT RESERVATION.**

### **Memorize**

There is no fear in love, but perfect love casts out fear. For fear has to do with punishment, and whoever fears has not been perfected in love. We love because he first loved us. <sup>1</sup> John 4:18–19

### **Listen**

Listen to the I AM LOVED reflection.

### **Read**

Read chapter 5 from the *I AM* book.

## LESSON 4

# I AM SECURE

**OUR SECURITY IS NOT FOUND IN OUR ABILITY TO CONTROL OUR LIVES. IT IS FOUND IN GOD HIMSELF.**

### Reflect

1. Why must our security be founded in God alone? What is at risk when we place our security in someone or something other than God?

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2. Why has God given us His promises? How do God's promises provide a sense of security for you?

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### **Declare**

**I AM SECURE, SO I LIVE FROM A PLACE OF PEACE.**

### **Memorize**

Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus. [Philippians 4:6–7](#)

### **Listen**

Listen to the I AM SECURE reflection.

### **Read**

Read chapter 6 from the *I AM* book.

## LESSON 5

# I AM CONFIDENT

**REAL CONFIDENCE CAN BE DEFINED AS “AN AWARENESS OF WHO YOU ARE, REGARDLESS OF HOW YOU COMPARE OR MEASURE UP TO OTHERS.”**

### Reflect

1. When you think of a confident person, what comes to mind? How do you compare to the person you described?

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2. Appearing confident is easier than being confident. In what ways have you “faked” confidence to appear confident? Why?

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### **Declare**

**I AM CONFIDENT, SO I CHASE RADICAL HUMILITY.**

### **Memorize**

Therefore do not throw away your confidence, which has a great reward.

Hebrews 10:35

### **Listen**

Listen to the I AM CONFIDENT reflection.

### **Read**

Read chapter 7 from the *I AM* book.

## LESSON 6

# I AM CREATIVE



**THERE IS NO HIGHER CALLING THAN USING OUR GIFTS TO GLORIFY  
GOD AND TO BLESS OTHERS.**

### Reflect

1. Do you consider yourself to be creative? Why or why not?

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2. As we grow up, we tend to forget that creativity is for all of us, not just the domain of children, musicians, and artists. In what ways have you lost sight of or limited your creativity?

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### **Declare**

**I AM CREATIVE, SO I USE MY TALENTS TO REFLECT GOD'S GLORY.**

### **Memorize**

As each has received a gift, use it to serve one another, as good stewards of God's varied grace. [1 Peter 4:10](#)

### **Listen**

Listen to the I AM CREATIVE reflection.

### **Read**

Read chapter 8 from the *I AM* book.

## LESSON 7

# I AM CALLED



**YOUR CALLING IS UNIQUE BECAUSE YOU ARE UNIQUE.**

### Reflect

1. *Called*. It's a powerful concept, and one that implies that you have something to offer and contribute. Are you aware of what you're called to do? What are some things you can envision yourself doing with your life?

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2. Because you are unique, your calling is unique. What God has in store for you will fit you like no one else. What are your areas of gifting and strength? What spheres of influence could be a good fit for you?

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3. Your calling is bigger than you. Where can you volunteer to offer your gifts and areas of strength to contribute to a bigger mission?

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## Journal

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### **Declare**

**I AM CALLED, SO I LIVE EACH DAY WITH PURPOSE.**

### **Memorize**

For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them. [Ephesians 2:10](#)

### **Listen**

Listen to the I AM CALLED reflection.

### **Read**

Read chapters 9–10 from the *I AM* book.



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