

BREAKING INTIMIDATION

LEADER'S GUIDE

INTRODUCTION

Hello!

Thank you for choosing to lead others through the Breaking Intimidation course. Fear and timidity have kept many from fulfilling God's plan for their life. As a result, their potential was never fully realized. But it doesn't have to be this way!

This guide will provide you with the tools needed to lead your group and it will help you guide them to rise above fear, release God's gifts, and establish heaven's dominion in their life.

Let's begin the journey toward experiencing freedom from fear!

Sincerely,
John

ABOUT THIS GUIDE

Before you begin, there are a few things that we want to share with you . . .

1. This is a journey.

As the leader, you are on the journey with your group. Your group will have a unique experience, so be sensitive to the Holy Spirit's leading.

2. Don't feel like you must have all the answers

You can still lead your group effectively by pointing them to God and the Bible. With that being said, we know that God will give you what you need to facilitate this course.

3. You are not alone.

There's a support team standing by to help you navigate some of your group's specific questions and challenges.

Don't hesitate to reach out if there's anything we can do to help. (Our contact information can be found at the end of this Leader's Guide.)

BEFORE YOU BEGIN

1. Familiarize

Become acquainted with the course's content, which will help you be ready for questions that arise.

2. Equip

Give your group access to the study by sharing your designated login information with them.

GROUP MEETINGS

The Session Guideline will help you structure each group meeting. It contains two main sections: Prepare and Lead.

In the **Prepare** portion, you will be encouraged to Reflect and Pause to make space to engage with God about that lesson's topics.

In the **Lead** portion, you will find Watch, Discuss, and Take Action. These will help you structure your activities each time your group meets. Plan for each meeting to last 60–90 minutes.

Here is a sample schedule:

Watch video lesson:	10 minutes
Discussion time:	30–40 minutes
Take action:	10 minutes
Close in prayer:	10 minutes

BETWEEN GROUP MEETINGS

Study:

Encourage your group to use the Breaking Intimidation course guide. It will help them personally apply the truths from each lesson.

Read:

Read through the Breaking Intimidation book. Your group doesn't have to read the book to complete the course, but it's a great resource to dive deeper into this study.

LESSON GUIDELINE

PREPARE

Reflect

Review the key concepts from the corresponding lesson to prepare your heart and mind to lead. You can find a list of key concepts from each video session within the Breaking Intimidation course guide. Take some time to journal through the ideas that resonate with you.

Pause

Listen to God's heart for this lesson. Spend time in prayer asking the Lord what He wants to share with those in your group. Capture what you hear in a journal. Make sure to include any ideas you have for your group time.

LEAD

Watch

Start by watching the corresponding video session. Suggest that group members take notes and write down what resonates with them.

Discuss

Spend some time discussing the video content, covering the key concepts and talking points you prepared. Ask two or three questions to stir conversation. Please refer to the Breaking Intimidation course guide for additional discussion questions.

LESSON GUIDELINE

Take Action

Please refer to the “Read & Respond” component at the end of every lesson in the Breaking Intimidation course guide. There you’ll find Bible verses for your group to personalize so that they can release their faith, exercise their God-given authority, and experience victory over fear and intimidation.

If you have any other questions or if you need support, please contact our Messenger Relations team at ChurchRelationsMessengerInternational.org or call (800) 648-1477.

P.S. We would love for you to share any testimonies or group feedback. Our goal is to continually improve the course experience. Thank you!