Glow

# Discipleship Course

Term Three

## Welcome to the Discipleship Course!

Every study has a short video, study notes and discussion points. Our prayer is that as we study together, we are transformed by His Word and His Spirit, strengthening our relationship with God and one another.

Introduction + Father WEEK 1 The Father Heart of God WEEK 2 The work of Jesus on the Cross **Holy Spirit WEEK 3** The person and power of the Holy Spirit **Community Accountability WEEK 4** Following Jesus together **Reflective Reading and Persistent Prayer** WEEK 5 'Why' and 'how' we read the Bible and pray **Total Stewardship and Sabbath** WEEK 6 Everything we have from God/Rhythms of rest Praying for the sick + dealing with the demonic WEEK 7 Continuing Jesus' ministry **Expanding the Kingdom of God** WEEK 8 Making disciples, serving the poor





### WEEK 7: Praying for the sick + Dealing with the demonic



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# Pray for the sick + Dealing with the demonic

"I tell you the truth, anyone who believes in me will do the same works I have done, and even greater works, because I am going to be with the Father. You can ask for anything in my name, and I will do it, so that the Son can bring glory to the Father. Yes, ask me for anything in my name, and I will do it!"

JOHN 14:12-17

"Jesus sent out the twelve apostles with these instructions... Go and announce to them that the Kingdom of Heaven is near. Heal the sick, raise the dead, cure those with leprosy, and cast out demons. Give as freely as you have received!"

**MATTHEW 10: 5-8** 

Long before there was Netflix, Binge or Apple+ there was just normal TV. If you wanted to watch a TV series you would have to wait for the episode to come out each week. And if you were watching an edge of the seat style show, each episode would end with a cliffhanger moment and a black screen with the words 'to be continued' and you would have to wait for the next instalment. When we read the stories of Jesus and the New Testament Church, it is so exciting to see what happens. If you read in the wrong context you could get to the end of it and wonder what happens next? Well, guess what...YOU are what happens. All of the New Testament accounts are there to inspire and stir our faith to continue what Jesus and the New Testament church started. As Jesus followers we are meant to pick up where Jesus left off. The majority of the things Jesus did, we are also empowered by the Holy Spirit to do.

We are the next episode of 'The Jesus Movement'.

### Pray for the Sick

Jesus was constantly healing people everywhere He went. He showed His disciples how to heal the sick, then sent them out to do exactly the same thing (Luke 10:9). Jesus' same message to go out and pray for the sick still stands today.

But this can be a daunting exercise. Here is the biggest fear people face in praying for others to get well or be healed: 'What if I pray and nothing happens? I will look like a fool.'

To which we would say, 'what if something does happen?' What if you pray for someone and they do get healed and God gets glorified through your simple act of obedience?

#### A FEW TRUTHS ABOUT HEALING:

- We are not the healer, but in most cases God uses us as the vehicle for His healing power to flow through.
- 2. When we pray sometimes people get healed and sometimes they don't. The healing is God's responsibility not ours, but it is our responsibility to step out in faith and pray for the sick.
- 3. Jesus, the disciples and the New Testament church prayed for the sick and so should we.

HOW DO WE PRAY FOR THE SICK?





## 1. Keep in daily connection with God.

In order to have God's healing power, it's important to stay connected to the source of that power. God. The more you spend time with God, the more you will be emboldened with His Spirit. His presence will empower you to go and pray for those who are sick.

### 2. Grow in faith.

Faith in its simplest definition means to trust or to be convinced by God. The more you get to know God, His character and His capabilities, the more faith or trust you will have in Him and the more you are convinced He can do all things. Faith is like a fire.

You need to feed the fire and the more you feed it, the more bold you will become in faith for the healing of others.

Faith grows through God's Word, prayer, worship and community with others.



# 3. Be bold and be obedient to God's prompting to pray for others.

During Jesus' earthly ministry He would never hesitate to pray for those who were sick or suffering. He would be led by His Fathers prompting to go and heal (John 5:19). Here are two simple things you should aim to do every day in order to be ready to pray for people's healing:

- Every morning before you go about your day ask God that if there is anyone you want me to pray for today, reveal that person to me.
- When someone around you says that they are unwell or struggling with pain of any sort, offer to pray for them.

The more you step out of your comfort zone, the more confident you will become in these moments.

## 4. Pray a simple prayer of healing.

Prayer for healing doesn't need to be elongated or wordy, just make it simple, like Jesus did. When Jesus prayed for people he barely said anything:

#### WHEN JESUS PRAYED FOR PEOPLE HE BARELY SAID

#### ANYTHING:

- "Stretch out your hand" -Matthew 12:13
- 2. "Get up, pick up your mat and walk" John 5:8
- 3. "Lazarus come forth" John 11:43

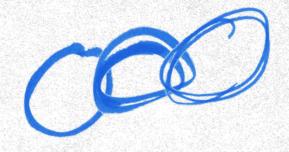
Jesus prayed simple prayers of healing. It is also good to note that Jesus never prayed from a position of begging or pleading, He prayed from a position of authority. When it comes to praying for people here is a simple prayer to follow:

"GOD, YOU LOVE (INSERT NAME), I DECLARE HEALING IN (INSERT AREA OF SICKNESS OR PAIN) IN JESUS' NAME. AMEN."

This is a simple prayer, but can be enormously effective.

#### LET'S TALK

- Q. What do you think would stop you from praying for others?
- Q. How would you feel if someone you prayed for got healed?
- Q. Who in your world needs healing that you can pray for right now?



## Dealing with the demonic.

"Look, I have given you authority over all the power of the enemy."

LUKE 10:19

Eighteenth century French poet Charles Baudelaire said, "The greatest trick the Devil ever pulled was convincing the world he didn't exist." Unfortunately we live in a world that would rather explain away the demonic than confront it. But all throughout Jesus' ministry He opposed and pushed back the demonic forces in this world. Because of Jesus, the demonic is not meant to be feared but it should not be ignored. There is an enemy we fight against and we must be ready to push back against His destructive plans.

What we must remember is that not everything is spiritual - sometimes it's just a flat tire, or random coincidence or the result of poor decisions. At the same time, not everything is natural. Sometimes there is a demonic force opposing your marriage, your kids, your business or your relationships. Knowing the difference is discernment.

#### So how do we deal with the demonic?

Paul the apostle says:

"A final word: Be strong in the Lord and in his mighty power. Put on all of God's armour so that you will be able to stand firm against all strategies of the devil. For we are not fighting against flesh-and-blood enemies, but against evil rulers and authorities of the unseen world, against mighty powers in this dark world, and against evil spirits in the heavenly places. Therefore, put on every piece of God's armour so you will be able to resist the enemy in the time of evil. Then after the battle you will still be standing firm."

**EPHESIANS 6: 10-13** 

#### 1. We must recognise the power we have in God

When you said yes to Jesus, you partnered with God in advancing His Kingdom and pushing back the kingdom of darkness. Not only that, you now have God's power backing you as you do it. We are not to be strong in ourselves, but strong in the Lord. The devil and his demons are created beings. They are not equal to God and God has complete authority over this realm.

2. Put on the full armour of God Although we belong to God, we are not God, so we must put on the armour of God as listed in Ephesians 6, this is not a literal armour but a spiritual one, all of it designed to protect your mind, emotions and your spirit.

3. Use God's Word as your weapon When Jesus was tempted by Satan, He didn't reply with an aggressive argument, He simply responded with God's Word. When you are facing a demonic resistance don't fight back with your words, fight back with God's Word. God's Word is like a sword in the hands of the believer.

"For the word of God is living and active, sharper than any two-edged sword, piercing to the division of soul and of spirit."

**HEBREWS 4:12** 

#### 4. Know your authority in Christ.

If you were to step out onto a busy main road and try to stop traffic it would be extremely difficult, if not impossible. But if you were to step out onto that same road wearing a police uniform, you would be successful. The difference is AUTHORITY. It's the same person but now with an authority that is greater than themselves that is backed by POWER. Jesus gave authority to his followers so they could come against the demonic with the power of God.

"These miraculous signs will accompany those who believe: They will cast out demons in my name."

#### MARK 16:17

In following Jesus we don't fear the demonic, we confront it.

#### LET'S TALK:

- Q. What did you see Jesus doing when He interacted with the demonic?
- Q. Do you feel confident in confronting the demonic, if not, why not?
- Q. What scriptures would you use to confront the demonic?

